



CATHOLIC
DIOCESE of RALEIGH

The Collaborative for Special Needs and Disabilities Ministry

Resurrection Cookies

Use this tasty object lesson to teach your children more about Easter.

Preheat oven to 300F and gather your supplies:

Bible

1 cup whole pecans

Zipper baggie

Wooden Spoon

1 tsp. vinegar

3 egg whites

Pinch salt

1 cup sugar

Tape

Place pecans in baggie. Let children beat them with the wooden spoon to break into small pieces -Explain that Jesus was arrested, then beaten by the Roman soldiers. Read John 19:1-3.3.

Let each child smell the vinegar. Put vinegar into a mixing bowl -Explain that when Jesus was thirsty on the cross He was given vinegar to drink. Read John 19:28-30.4.

Add egg whites to vinegar. Eggs represent life -Explain that Jesus gave His life to give us life. Read John 10:10-11.5.

Sprinkle a little salt into each child's hand. Let them taste it and brush the rest into the bowl - Explain this represents the salty tears shed by Jesus' followers and the bitterness of our own sin. Read Luke 23:27.

So far the ingredients are not very appetizing.

Add sugar -Explain the sweetest part of the story is Jesus died because He loves us. He wants us to know this and how to belong to Him. Read Ps. 34:8 & John 3:16.7.

Beat with a mixer on high speed for 12 to 15 minutes until stiff peaks are formed -Explain that white represents the purity we have in God's eyes when Jesus cleanses our sins. Read Isaiah 1:18 and John 3:1-3.8.

Fold in nuts. Drop by tsp onto a cookie sheet covered with waxed paper -Explain the mounds represent the rocky tomb where Jesus' body was laid. Read Matt. 27:57-60.9.

Put the cookie sheet in the oven, close the door and **turn the oven OFF.**



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Give each child a piece of tape and ask them to “seal” the oven door
-Explain that Jesus' tomb was sealed. Read Matt.27:65-66.11.

GO TO BED! Explain they may feel sad to leave the cookies in the oven overnight. Jesus' followers were sad when the tomb was sealed. Read John 16:20 and 22.12.

On Easter morning, open the oven and give everyone a cookie -Notice the cracked surface. Take a bite to discover the cookies are hollow! On the first Easter Jesus' followers were amazed to find the tomb open and empty!

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